

WHAT'S FOR LUNCH?

Autumn Menu

Wherever possible, all food is homemade on site from local, British ingredients

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Mac & Cheese with Crispy Onions	Jerk Chicken with BBQ Sauce	Lamb Sausages	Sweet Potato, Butternut Squash, Chickpea & Coconut Chatt	Panko Crumbed Fresh Fish of the Day
MAIN (OPTION 2)	As Option 1 Made with Dairy Free	Jerk Cauliflower Steak with BBQ Sauce	Vegetable Sausages	As Option 1	Corn fritters with Coriander and Spring Onions
SIDES Where main includes, portion will be offered as optional extra	Blistered Green Beans Summer Salad Garlic Focaccia	Jollof Rice Corn Bread	Lentil Stew Fennel Bread	Pilaf Rice Flat Bread	Skin on Chips
VEGETABLES		Rosemary Roasted Broccoli	Honey Roasted Carrots	Curry Roasted Cauliflower	Homemade Beans Minted Peas
EXTRAS	Natural Yogurt, fresh seasonal fruit selection available daily Tuesday Banana Cake & Thursday Anzac biscuits				
SHARING SALAD	Cherry tomatoes Micro coriander	Radishes	Pickled cucumbers	Edible soil	Sugar snaps

