

WHAT'S FOR LUNCH?

Autumn Menu

Wherever possible, all food is homemade
on site from local, British ingredients

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Penne Pasta with Tomato Sauce, Cherry Tomatoes, Spinach and Basil	Beef Bulgogi	Thyme Roasted Chicken Drum Stick	Pizza Fun Day Homemade Cheese and Tomato Pizza	Panko Crumbed Fresh Fish of the Day
MAIN (OPTION 2)	As Option 1	Vegetable Chilli	Ratatouille	As Option 1	Panko Crumbed Courgette
SIDES Where main includes, portion will be offered as optional extra	Vegetable Medley Summer Salad Garlic Focaccia	Sesame and Soy Noodles Turmeric & chilli bread	Roasted Potatoes Homemade Gravy Rosemary Focaccia	Spinach and Pomegranate Salad	Skin on Chips
VEGETABLES		Beansprout and French Beans	Honey Roasted Carrots	Smoked Paprika Corn	Homemade Beans Minted Peas
EXTRAS	Natural Yogurt, fresh seasonal fruit selection available daily Tuesday Apple Cake & Thursday Preserved Ginger Flap Jack				
SHARING SALAD	Cucumber and mint	Edamame beans	Mixed olives	Cherry tomatoes Micro basil	Cocktail gherkins

