



# St John & St James' C of E Primary School

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## Sad News

A former pupil, Abdullah Jeng, has recently died from a severe asthma attack.

Abdullah left St John & St James' in 2018, when he was in year 4 to go and live in Gambia with his family. It is here that he has passed away.

Abdullah was a popular member of the class who was incredibly friendly and well-liked by everyone in the school community. He will be missed by everyone who knew him.

For more information about speaking to children and young people about death, visit the Child Bereavement UK website [childbereavementuk.org](http://childbereavementuk.org)

Our thoughts and prayers are with family and friends at this time.



## Wellness Tip

Remember to be grateful for even the smallest things in our lives.

If we share our gratefulness, it will have a positive ripple effect on those around us.

## School and Home Learning

Thank you for all the messages of support and the feedback we have had this week from families. All of the staff really appreciate it. It is really important your child is participating in their daily class meets session with their teacher. This is an opportunity for your child to reflect on their learning, receive feedback and identify next steps in learning.

If you need help with data for your child's online learning or a device, such as a laptop, please do let us know. The government has funded extra data and we have a number of laptops we can loan to you during this period. We have been issuing laptops as quickly as we can. We need to wait for a technician to load software before we can send them out and this has caused a slight delay.

If you need any support with your home learning, please contact the office.

**Axel in Nursery** has been an incredible home learner this week. He has shared photos of his hard work on Google Meets so that everyone can celebrate his efforts. He has been working on zig-zag shapes and comparing sizes. Keep up the hard work Axel!

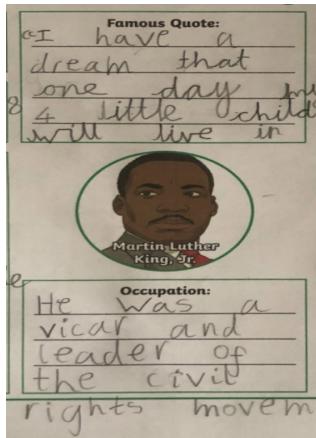


**Reception** have been learning about capacity in Maths. Here are some of our remote learners in Reception class exploring the capacity of different containers by scooping loose materials such as cereal, water and rice, and counting how many scoops it took to fill each container. Great capacity investigations Reception class!

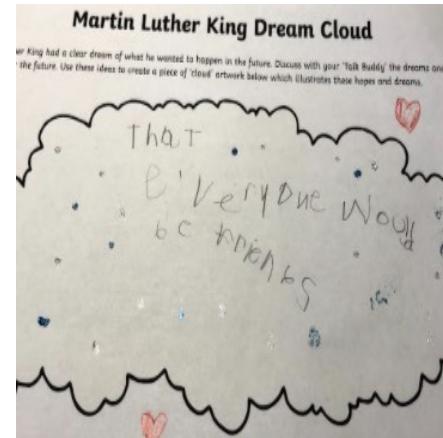


## St John & St James' C of E Primary School

**Jonah, Grayson and Beatrice** have shared some excellent work around Martin Luther King. They were able to explain what made Martin Luther King such an influential figure. Some excellent work and great writing Year 1. Well done!



In 1929 MLK Jr was born in Atlanta Georgia.  
In 1953 MLK Jr marries Coretta Scott.  
In 1955 USA with MLK leads the montgomery bus boycott that begins after Rosa Parks went right up into bus seat.  
In 1963 MLK Jr gives his "I have a Dream" speech.  
In 1964 MLK Jr is the youngest man to earn the Nobel Peace Prize.



In Year 2, **Juno** created some amazing puppets from the book she is currently reading. Meet Mr. Tumnus and Lucy from: The Chronicles of Narnia. What excellent puppets and a wonderful book to be reading! Well done Juno.

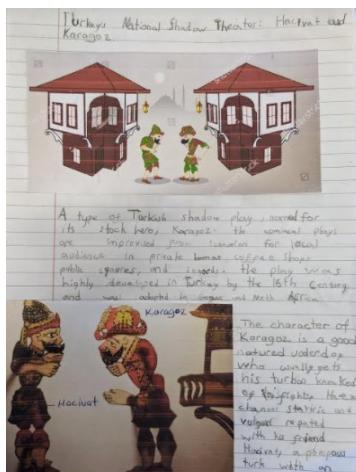


**Year 3** created some incredible pieces to showcase their understanding of their R.E unit of Judaism. All children were asked to re-tell the story of Abraham and Sarah. This is how the Year 3 school learners presented and refined their work. Well done Year 3!

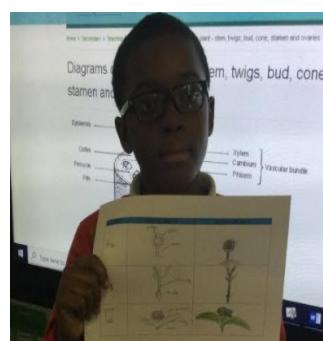




**Leone** in Year 4 really impressed us this week with the effort that he put into his homework. He created a shadow play, set in 16<sup>th</sup> century Turkey. His main characters are Hacivat and Karagöz. In Leone's own words: "Karagöz is a silly character who doesn't really understand anything but he is nice. Hacivat is trying to teach Karagöz because he isn't serious enough. They are both friends and the plays are hilarious!" Well done Leone, this is excellent work.



Our **Year 5** learners have worked hard this week in school, understanding the parts of plants. To help them draw scientifically accurate diagrams, Year 5 first dissected their plants to understand the role and appearance of each part of the plant. Well done Year 5, you are doing some wonderful learning!



**Year 6** have been focusing their writing cycle around suspense writing, as they have created their own monsters. They worked hard this week to edit and up level their work, ensuring that it reads well when published. The Year 6 school learners then published their work and took it home to share with their family members. This is very impressive Year 6, well done!

We may not be able to see all our friends at school at the moment, but we are getting really good at connecting and learning with each other virtually. **Samuel** is in school and **Hezikiah** is online at home with mum. Samuel was so excited to see Hezikiah, they had fun and did some great learning together. At SJSJ we will always find ways to stay connected!



## Math's at home

Tommy's Trek—Times Tables A fun platform game for children to practise their timetables. This game will work on any device.



## This week's home reading tip is

Read yourself!

It doesn't matter what it is – pick up a newspaper or magazine, take a look at a cookery book, read a computer manual, enjoy some poetry or dive into a romance or detective novel.

And get your children to join in – if you're cooking, could they read the recipe?

If you're watching TV, can they read out the listings?

## Lockdown BADU Bootcamp

BADU will be providing a variety of **FREE** fitness sessions for all to enjoy during lockdown.



Join these positive, upbeat sessions to help start or end your day. This is fin for all the family!

All ages and levels of fitness are welcome to join in with these sessions.

Sign up: [https://www.eventbrite.co.uk/x/badu-bootcamp-tickets-137274191803?aff=odeimcmailchimp&mc\\_eid=1614efc711&mc\\_cid=c4d745a022](https://www.eventbrite.co.uk/x/badu-bootcamp-tickets-137274191803?aff=odeimcmailchimp&mc_eid=1614efc711&mc_cid=c4d745a022)

## Parent Virtual Workshop—Mental Health Support Team

**Managing behaviours that challenge** - Monday 25<sup>th</sup> January, 4-5pm with Sadia & Anne Marie

It is very common for behaviours that challenge to present during difficult times of change and uncertainty, such as these. This workshop aims to provide parents and carers with information, skills and strategies to help manage undesirable behaviours you may be facing, including positive parenting strategies for maintaining positive relationships and for helping children with their routine.

**Eventbrite Link:**

<https://www.eventbrite.co.uk/e/managing-behaviours-that-challenge-parent-workshop-tickets-136785901313>

**Managing Child Anxiety** - Thursday 4<sup>th</sup> February, 4-5pm with Mahak & Temi

Worry, uncertainty and fears may be especially present during the current climate, given the changes in our lives, and the health concerns that people are experiencing. This workshop aims to provide information about what is anxiety and what parents and carers can do to help their child to manage and reduce the impact of worry and fear in their lives.

**Eventbrite Link:**

<https://www.eventbrite.co.uk/e/managing-child-anxiety-parent-workshop-tickets-136620394277>

## Marks and Spencer Free School Meal Bolster

We couldn't be more pleased to announce that we've bolstered the Government's weekly £15 School Meal Vouchers to £20 to spend at M&S.

So, if you receive free school meals vouchers and choose M&S, your £15 voucher is worth £20 in store. That means you can get a nutritious breakfast as well as lunch for two children (instead of one).

To help with inspiration, our nutritionists that produced a handy meal planner packed full of recipe inspirations!

### Kids' breakfast & lunch planner

Plan five days of tasty, balanced breakfasts and lunches for two children for less than £20 – with leftovers – all developed by M&S Food senior nutritionist Laura Street.



MONDAY	SHOPPING LIST
<b>BREAKFAST: DIPPY EGG AND SOLDIERS</b> Boil 2 eggs for 6 minutes and serve with toasted Best of Both bread, topped with your kids' favourite spread and cut into soldiers. <b>LUNCH: EASY, CHEESY PASTA</b> Cook a couple of large handfuls of pasta and stir in half a jar of tomato and basil sauce. Serve with Cheddar cheese grated on top. <b>SNACK: BANANA 'ICE CREAM'</b> Freeze two bananas, then blitz until creamy for a healthy banana 'ice cream'.	<input type="checkbox"/> 500g penne pasta <input type="checkbox"/> 1 jar tomato & basil pasta sauce <input type="checkbox"/> 8 white tortilla wraps <input type="checkbox"/> 1 loaf (750g) Best of Both medium sliced bread <input type="checkbox"/> 1 tin tuna <input type="checkbox"/> 2 peppers <input type="checkbox"/> 250g mature Cheddar slices <input type="checkbox"/> 4 bananas <input type="checkbox"/> 6 pack fromage frais <input type="checkbox"/> 9 chunky breaded cod fish fingers <input type="checkbox"/> 500g carrots <input type="checkbox"/> 6 round tomatoes <input type="checkbox"/> 6 free-range mixed size eggs <input type="checkbox"/> 500g traditional porridge oats <input type="checkbox"/> 6 ripe at home conference pears <input type="checkbox"/> 1 pint M&S Select Farms milk <input type="checkbox"/> 500g raisins <input type="checkbox"/> 300g white mushrooms
<b>BREAKFAST: BANANA TOAST</b> Toast two slices of bread and top each with one sliced banana and your little ones' favourite spread from the fridge. <b>LUNCH: TORTILLA PIZZAS AND SALAD</b> Spread the remaining pasta sauce over two wraps, top with a sliced pepper and cheese slices. Grill until melted. Serve with a salad of three grated carrots and two sliced tomatoes.	
<b>BREAKFAST: THREE BEARS PEAR PORRIDGE</b> Cover 250g porridge oats with milk and a splash of water, then simmer until creamy. Top with two chopped pears. Mix any leftover porridge with 50g raisins and spoon into cupcake cases, then bake at 190°C fan for 30-40 mins. Save for tomorrow's breakfast. <b>LUNCH: INDOOR PICNIC</b> Cook two handfuls of pasta and toss with a tin of tuna and two quartered tomatoes. Serve with crunchy chopped carrots and peppers, and a pot of fromage frais and a banana each. Don't forget to invite the teddy bears!	
<b>BREAKFAST: PORRIDGE MUFFINS</b> Enjoy the porridge muffins you made yesterday with some sliced pear. <b>LUNCH: SPEEDY CHEESE AND TOMATO TOASTS</b> Arrange sliced Cheddar and tomatoes on top of two slices of bread (like all M&S bread, it contains vitamin D). Grill until bubbling and enjoy with a pot of fromage frais each.	<div style="border: 1px solid black; border-radius: 50%; padding: 10px; text-align: center;">           5 lunches +            5 breakfasts            for 2 for £20         </div>
<b>BREAKFAST: SUPERHERO OMELETTES</b> Slice 250g mushrooms and fry in 1tsp oil and 1tsp butter until golden. Add 4 beaten eggs and cook to your liking. <b>LUNCH: FISH FINGER SANDWICHES</b> Cook the fish fingers according to the pack instructions and serve in four slices of bread. Serve with your kids' favourite condiments from the fridge, if you like. Enjoy with a pot of fromage frais and a sliced pear each.	

Get your H2O!

Staying hydrated is super important,  
so don't forget to serve a glass of  
water with each meal.

Please note – if you're feeding smaller children, reduce the portion sizes.

M&S  
—FOOD—

## Emerging Trend on Tiktok

The Police have brought to our attention that there appears to be a new trend emerging on Tiktok. Tiktok users are advertising for students to give them their remote learning login details so that they can disrupt lessons and be rude to teachers. They film the disruption and post it on Tiktok with tags similar to #lockoff. Cases have already been reported in Hounslow, Waltham Forest and Camden.

Please reinforce the message to students that they must keep their passwords private as they will be held accountable for anything that happens on their account.



## Flu Vaccine

### Did your child miss out on the flu vaccine?

**It's not too late to join thousands of parents who already got their children vaccinated for the seasonal flu.**

We only have a limited supply left so don't miss the chance to get a flu jab or spray for your child (Reception to Year 7).

- ✓ Safe
- ✓ Halal/Kosher friendly (no gelatine) -Injection
- ✓ Free

#### Book your child's appointment today in 3 easy steps

1. Send a text message to 07908908435
2. Include your child's full name, DOB, Class, School and vaccine preference (spray or injection)
3. Wait to hear from us to finalise details of your appointment



**Have questions on how the flu vaccine protects your child and family?**

Contact us at [hackneyandcity@vaccinationuk.co.uk](mailto:hackneyandcity@vaccinationuk.co.uk)



## Gold Awards

Name	Class	Reason
Nico	Nursery	For great work on joining in with the class rhyming this week.
Zain	Nursery	For always being happy to participate in activities and improved carpet time focus.
Ariana	Reception	For always being so kind and helpful to adults and children.
Blake	Reception	For incredible effort in all his home learning and his amazing progress in reading.
Lucia	Year 1	For writing a detailed diary and for her outstanding effort in her home learning.
Malikah	Year 1	For trying her best in her phonics lessons.
Manuel	Year 1	For his amazing effort in maths.
Dominic and Hawwa	Year 2	For engaging in group sessions online.
Juno	Year 2	For asking amazing questions in RE Lessons.
Sariah	Year 2	For being fantastic role model.
Khamil and Muwiya	Year 3	For completing their home learning and joining in with every zoom.
Krishnaun	Year 3	For working hard, always trying his best and helping his partner too.
Jakub and Sonny	Year 4	For amazing effort every day in their home learning.
Tianah	Year 4	For excellent home learning and applying herself in school too.
Kwame	Year 5	For amazing progress in the class maths work on equivalent fractions.
Lucas	Year 5	For doing all his home learning and being really engaged.
Zi Qi	Year 5	For great work on fractions of amounts in her Google meets session.
Bella	Year 6	For amazing effort with her home learning and for writing an exceptional suspense story which follows the success criteria.
Luis	Year 6	For fantastic effort with his grammar and writing work.

## Online Safety Tip

Even if you can't see someone, things you write might still upset them. Think carefully about what you write on apps and online platforms. Treat someone as you would like to be treated.

## Non Screen Activity

Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.