

WHAT'S FOR LUNCH?

SPRING TERM
WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Vegetable & Lentil Spaghetti Bolognaise GLUTEN	Jerk Chicken with BBQ Sauce SOY & SULPHITES	Shepherd's Pie with Celeriac and Parsnip Mash FISH & MILK	Sweet Potato, Butternut Squash, Chickpea & Coconut Chatt	Panko Crumbed Fresh Fish of the Day FISH, EGGS & GLUTEN
MAIN (OPTION 2)	As Option 1	Jerk Cauliflower Steak with BBQ Sauce SOY & SULPHITES	Shepherd's Quorn Pie with Celeriac and Parsnip Mash MILK	As Option 1	Corn fritters with Coriander and Spring Onions
SIDES Where main includes, portion will be offered as optional extra	Garlic Focaccia GLUTEN	Peas & Rice Thyme and Garlic Bread GLUTEN	Onion Gravy Rosemary Bread GLUTEN	Pilaf Rice Tortillas GLUTEN	Skin on Chips Tartare Sauce EGG & SULPHITES
VEGETABLES	Honeyed Carrots Brussel Sprouts	Thyme Roasted Broccoli	Sweetcorn & Peas	Curry Roasted Cauliflower	Homemade Beans Minted Peas SOY & SULPHITES
EXTRAS	Greek Yogurt, Fresh Seasonal Fruit Selection available daily Wednesday Apple & Cinnamon Flapjack & Thursday Butternut squash Cake MILK, EGG & GLUTEN				

Week commencing:

Wherever possible, all food is homemade on site from local, British ingredients

