



# St John & St James' C of E Primary School

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## We have a new school dinner menu!

Over the past year, we have been working closely with the super talented team at the school meals charity **Chefs in Schools** in order to improve our school meals. Chefs in Schools, whose patrons include the incredibly talented Prue Leith, Rosie Boycott and Yotam Ottolenghi, work really hard with local schools to ensure that they are using the very best in fresh produce to create some outstanding recipes which invite children to enter a new world of culinary experiences. During the past year we have had lots of really positive feedback about our menu changes; the children have said things like “I like trying new foods”, “I wouldn't eat it at home but it was really tasty!”, “It's a little bit fancy but I really liked the flavour”. But we've also come up against some more challenging factors which have included feedback such as “There's just too much happening on my plate”, “The cake was lovely and soft but the beetroot was too bitter so it just ruins the flavour”.

Since returning to school on the 8th March, we have been working really closely with the catering team and the children to come up with a menu that not only incorporates the fresh food element of the Chefs in Schools drive but also meets the children's desires to see their firm favourites back in business.

We have come up with a new menu that will see all of the principles of fresh cooking incorporated into the children's favourite meals and we are really excited to share it with you all. Here is a copy of our week one menu. The full menu has also been shared with you all by email. Please inform the school office if you would like your child to take school meals after the holidays to ensure that we can calculate numbers effectively.

### Midnight

Midnight, the school rabbit needs a home for the Easter holidays.

If you would be interested in taking care of Midnight during the holiday, please inform the school office.

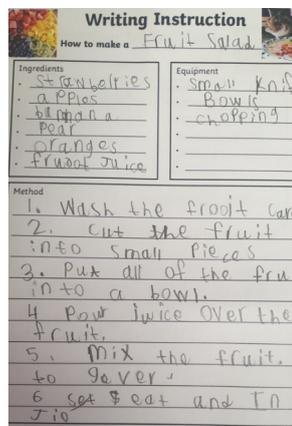


<b>Week 1</b>	<b>Monday (Meat Free)</b>	<b>Tuesday</b>	<b>Wednesday (Meat Free)</b>	<b>Thursday</b>	<b>Friday (Fish)</b>
<b>Main 1</b>	Tomato, Mozzarella, Spinach & Olive Pasta	Chicken Fajitas	Vegetable, Pea & Sweet Potato Curry	Beef Burgers	Fresh Fish Fingers
<b>Main 2</b>	n/a	Veggie Fajitas	n/a	Veggie Burgers	Corn Fritters with Coriander & Spring Onion
<b>Sides</b>	<i>n/a – included in Main 1</i>	Tortilla Wrap	White Rice	Sweet Potato Wedges	Skin on Chips
<b>Vegetables</b>	Corn Cobbett's	Roasted Broccoli and marinated Feta	Curried Broccoli & Cauliflower	Homemade Baked Beans	Mushy Peas
<b>Salad Bar</b>	Edamame Beans Cucumber & Cherry Tomato, Fresh Slaw, Olives & Sweetcorn	<b>Mexican Corn Salad</b> Cucumber & Cherry Tomato, Fresh Slaw, Olives & Sweetcorn	<b>Iceberg &amp; Cucumber Salad</b> Fresh Slaw, Olives & Sweetcorn	<b>Pickled Cucumber</b> Cucumber & Cherry Tomato, Fresh Slaw, Olives & Sweetcorn	<b>Grated Carrot Salad</b> Cucumber & Cherry Tomato, Fresh Slaw, Olives & Sweetcorn
<b>Dessert</b>	Anzac Cookies Fresh Fruit	Yoghurt & Honey Fresh Fruit	Chocolate Cake Fresh Fruit	Yoghurt & Honey Fresh Fruit	Cheese & Crackers Fresh Fruit

## STEAM Project

This week, our wider curriculum focus has been STEAM. STEAM stands for science, technology, engineering, art and maths. The focus across the whole school has been food technology! Each year group has been baking or cooking different dishes to plan, make and enjoy eating!. Have a look at what we've been up to...

**Year 1** have been working on their STEAM project which was to make a fruit salad for Midnight our school rabbit. They researched fruits which are good for rabbits and then wrote their own fruit salad recipes. They were able to link their learning with maths by weighing the ingredients in order to use everything in proportion. Year 1 had great fun!



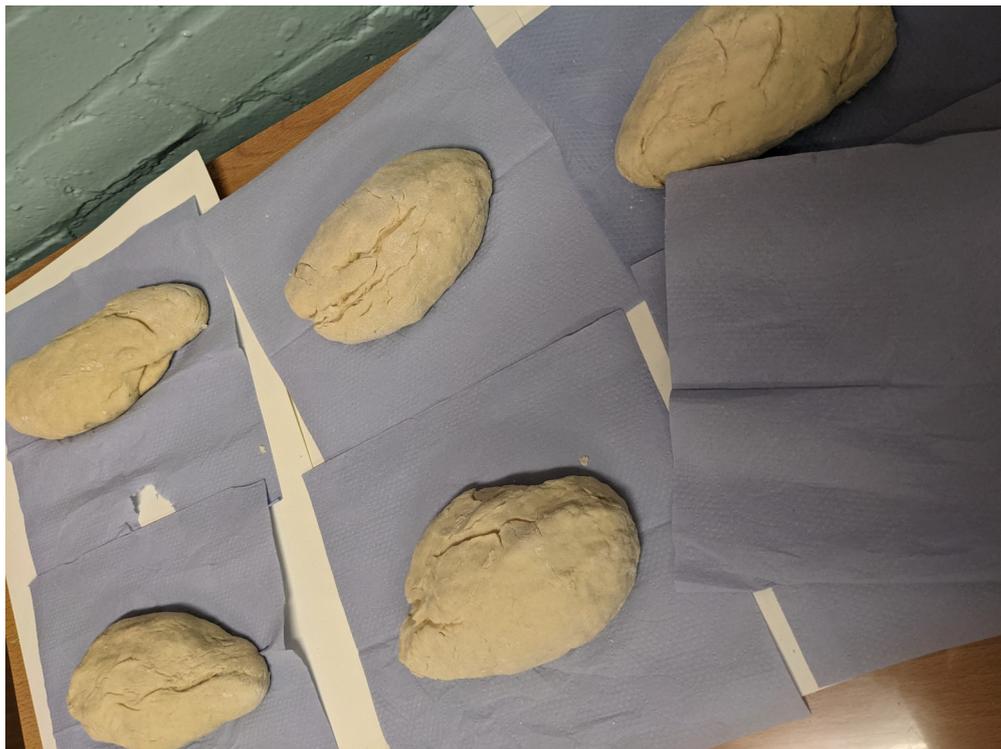
**Year 2** took inspiration from Jamie Oliver to research, design and make our own pitta pizzas for a teddy bears picnic! They first looked at some existing recipes and thought about what ingredients were involved. The class then did their own taste testing of possible ingredients they could use. Some were more popular than others! Finally, the class made their own pizzas which they were able to enjoy!



**Year 3's** brief was to make sandwiches for the school packed lunches. They really enjoyed creating sandwiches using a variety of ingredients. After tasting them and learning about healthy eating, the class changed their sandwiches to make them healthier and tastier.



This week in STEAM week **Year 4** have been researching different breads in order to make their own rotis. Using Nadiya Hussain's recipes, the class decided to use mushrooms, peppers and tomato's in order to make it vegetarian. They kneaded the dough and finished it off by frying the rotis. They tasted amazing!



**Year 5** have had so much fun this week tasting and baking biscuits! They made four different type of biscuits, each with different toppings in. The class used techniques such as creaming, whisking and cracking eggs. They tasted delicious!



**Year 6** have loved their STEAM project this week, which has consisted of making a pastry snack. Their brief outlined creating attractive jam tarts for the younger children in the school, as part of an Alice in Wonderland themed picnic! The class carried out some research on other pastry snacks that are available in supermarkets and thought about the appearance, texture and taste of the products before rating them! They used their market research to come up with their own designs for jam tarts and to think about how they would meet the design criteria for the project. Year 6 decided that the perfect shortcrust pastry would have a bit of a crunch to it, a little sweetness and certainly no soggy bottom!



## Amazing work

**Nursery** have been having lots of fun learning this week. They made their own flower pot gardens by planting seeds & they cannot wait to look after them & watch them grow! The class also looked at the Hindu culture & made a plate of some traditional sweets out of playdough & other materials, it was really fun!



**Reception** class have been exploring how to use iPads to creatively and take still life photographs of fruits. The children were amazing at finding the photography app, choosing what they would like in the frame, focusing the iPad camera and then taking the photographs. We will display the beautiful still life pictures outside our classroom.



**Alyssa** in **Year 6** has written a descriptive poem using an image from a Pete McBride photograph.  
*A sunset sky lit the dim light. A blanket of dust covered from above. Pink, blue flowers sprinkled in the distance. Trees as green as avocados surrounded the area. A reflection, just like a mirror echoed throughout. An icy-cold wind whistled among the animals. Owls yawned as they slowly drifted to sleep. Underneath the frigid ice lake, seals laughed making the seas flow change. Fishes sung in unison as they travelled beneath the night stars. A warm breeze drifted across the land. "Goodnight" They all mumbled, slowly sneaking under the silk of their beds.*

## After School Club - Summer Term

After school club sign-up sheets for next term have been emailed out to all parents/carers.

Also be reminded that payments for clubs must be made in full via ParentPay before your child can attend.

Due to capacity, children will not be able to change their clubs throughout the term, so please ensure that they will be satisfied with the choices before confirming them.



## Free Dr Bike Spring Event

Hackney Council is running their Bike public events across the borough this spring starting this week.

This is part of the Cycling UK BBR initiative and Hackney will be delivering Dr Bike pitstops.

At the Dr Bike events you are able to bring your bike along and have it checked and fixed by a trained mechanic, for **free!**

Please keep an eye out on our social media accounts and website to see when they are near you.

For more information please follow these links:

<https://hackney.gov.uk/cycle-training>

[Dr Bike schedule](#)

This week they are at:

Friday 26th March - Clissold Road (N16 9EX)

Time: 3:30-6:30pm.



## End of Term

Please be reminded that school finishes at **12.00pm** on **Thursday 1st April 2021** for all pupils.

All children must be collected promptly at 12.00 from their designated collection points.

**Lunch will not be provided** for any child on this day.

We will **return to school on Monday 19th April 2021.**



## Gold Awards

Name	Class	Reason
Kai	Nursery	For fantastic story map drawings and retelling of the text 'What the Ladybird heard'.
Nese	Reception	For amazing effort in reading and phonics this week.
Seth	Year 1	For his fantastic effort in all of his lessons.
Anna	Year 2	For amazing enthusiasm in the STEAM lessons this week.
Connie	Year 2	For brilliant diary entry all about the journey to Crimea.
Dexter	Year 3	For brilliant effort in all his lessons.
Gabriella	Year 3	For increased confidence in all of her lessons, particularly maths.
Anthony	Year 4	For brilliant improvement in his reading.
Johanna	Year 4	For being a really positive person in the class and always smiling.
Khalid	Year 5	For excellent participation and attitude in all of his lessons.
Kwame	Year 5	For amazing effort and active listening in SPAG lesson with Miss Bienias.
Manha	Year 5	For fantastic 'egg cracking' skills when baking biscuits in STEAM.
Arion and Deneil	Year 6	For amazing effort in maths.
Evie	Year 6	For brilliant effort consistently with her presentation.

## Wellbeing Tip

Finding a new hobby helps us keep busy and engaged. When you have an interest in some activities and enjoy doing them, you take healthy steps to improve your emotional wellbeing. It also keeps the work and daily life's pressure off your brain. Finding new hobbies is great for strengthening your brain and boost your mood

## Online Safety Tip

It's also a good idea to talk to any older children about what they're doing online and what they show to younger children.

Encourage them to be responsible and help keep their younger siblings safe.

