



St John & St James' C of E Primary School

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Sunflower Seeds

This week to connect with nature every child has planted a sunflower seed to take home. Here are some tips to make sure your sunflower seed grows this summer

- make sure it has plenty of sun
- water regularly
- if it begins to grow, give it a bigger pot
- plant outside in early June in soil, if you can
- if you can't, keep it in a sunny spot in a bigger pot
- at the end of the summer, take the seeds from the flower of the plant and keep them for next year!

Half Term Sports Camp

Toys in School

Please ensure your child does NOT bring in fidget/squidgy toys to school.

They might get lost or damaged and the school will not be held responsible.

Thank you for your cooperation.



NEURO PATHWAY x LEVEL 10
**HALF-TERM
MULTI-SPORTS CAMP**
1st of June to 4th of June 2021

Ages 5 to 12 years
Normal hours **9am to 3pm**
Extended hours **to 5pm**

St John St James
Isabella Road
London, E9 6DX



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Mental Health Awareness Week



Our top tips on connecting with nature to improve your mental health. There's a lot of good research to support the role nature can play in protecting and supporting our mental health.

- Find nature wherever you are. Look out for the unexpected – an urban fox on your way out for the early shift, changes in the weather or birdsong outside your window. Try to notice nature wherever you are, in whatever way is meaningful for you.
- Connect with nature using all of your senses. Taking some quiet time to reflect in natural surroundings using all your senses can be a real boost to your mental health. Whether you're relaxing in the garden or on your way to work, try listening out for birdsong, look for bees and butterflies, or notice the movement of the clouds.
- Exercise in nature
- Protect nature. Taking care of something can be a really great way to feel good. This can be as simple as recycling, to walking instead of driving, or even joining community conservation or clean-up groups. Taking care of nature can help you feel that you're doing your part, and that can make you feel more positive all round

This week in school we have spoken about why it is important to look after our own mental health and how nature can play a part in helping us. In class this week we were given class plants to look after as well as planting our very own sunflower seeds. We also had a mindfulness session outside so we could listen to the surrounding nature whilst having a mindful moment.



Amazing Work...

In **Nursery** this week, the class have been looking at the concept of 'more' and 'less'. They have been comparing groups of objects and identifying which group has 'more' and which group has 'less' objects.



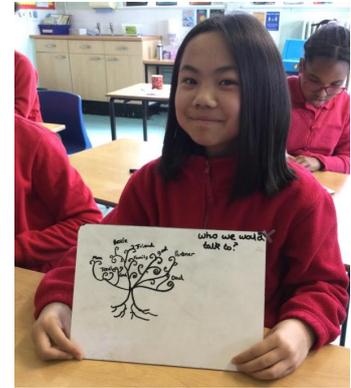
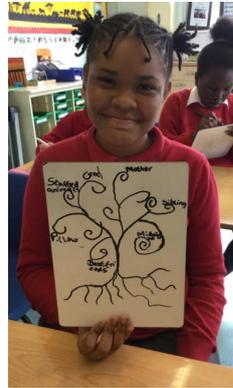
The class topic this half term in **Reception** is 'Gardens and Minibeast' so they have been using nature to make their art. Some children made Minibeast models from sticks, stones and other craft materials. On the easel the class had paint brushes made from sticks and leaves to create colourful and textured paintings.



As part of our Mental Health awareness week activities **Year 1** did a mindfulness session outside with Mrs Eames. The session allowed the children to connect and appreciate nature. The children enjoyed doing yoga too.



Year 5 had the pleasure of participating in a workshop all about children's mental health. The class discussed how their bodies reacted when they felt different emotions and how they could deal with them. The class concluded with an activity on whiteboards all about identifying who they could speak to if they felt a certain way.



In **Year 6's** writing lessons, they have been using their authorial voices to engage their reader and captivate the imagination of those reading their written work. They have varied their sentence structures and used empty words and repetition to create a sense of mystery in their writing, Here **Bella** has started her writing by comparing her ominous forest to a positive scene of sunshine and cute animals. She then creates a dichotomy in her writing and leads her reader into the eerie world of her setting description. Well done Bella, you've definitely hooked your reader and we all want to read more!

'Have you ever seen a forest and wondered what's inside? Mostly, it's cute, friendly animals and golden sunshine; not this one. This place will plague your thoughts. This forest, which is consistently engulfed in never ending darkness, is hidden from the rest of the world. Do not enter this forest, since it is a maze, which you will never find your way out of. Some people see this place in their dreams on the night of the full moon; others search incessantly to find it. Will you come with me and let the secrets of this land unfold?'

Check Out...

Each week we will be sharing snippets from a different year group, so you can see what their learning environment looks like and some more examples of learning.

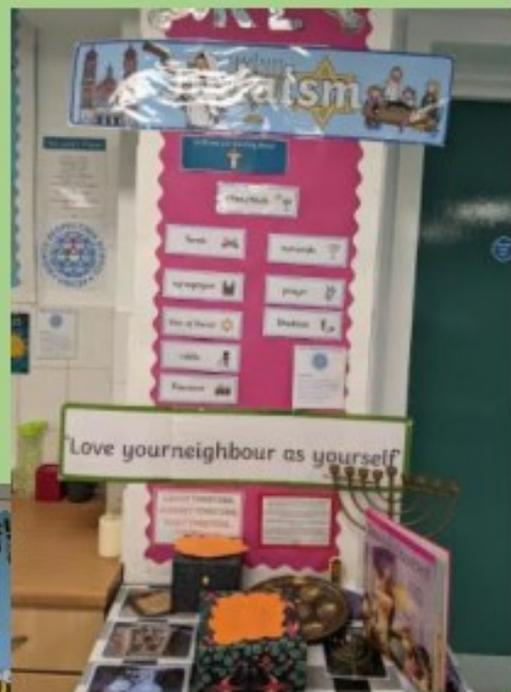


Check Out What They're Doing In... YEAR 2



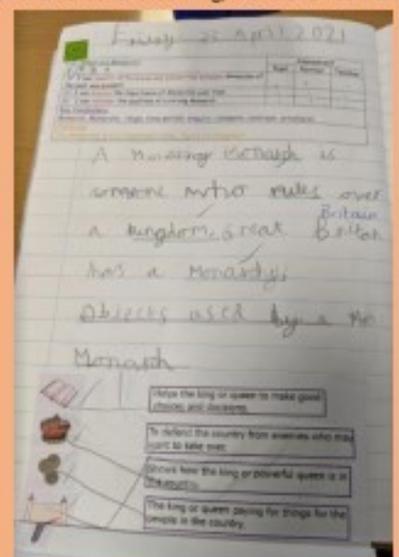
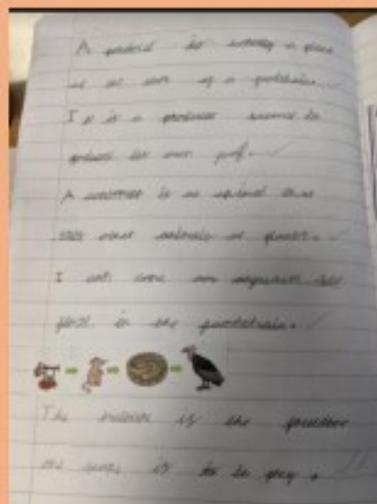
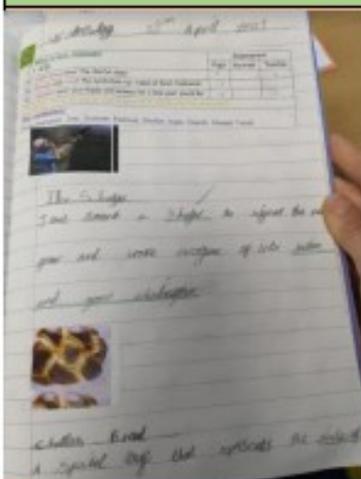
Classroom Environment

It was delightful to see a celebration of learning in the Year 2 classroom. I loved the corner of the classroom, where the children's homework is displayed for all of the class to see. It is a showcase of the creativity and curiosity that they clearly have with their home learning. The displays have artefacts for children to use and discover as part of their learning and key words are shared everywhere. The children are loving practising their spellings in their spelling quizzes for RE, science and humanities and are particularly proud of being able to now spell key subject specific vocabulary correctly, consistently!



Learning

Year 2 are showing a real intellectual curiosity with their RE, science and humanities topics through asking fascinating questions and producing excellent work. They are loving learning about Judaism, British monarchs and food webs! They have worked hard on building up their independence in learning, as well as their presentation in their books and should be very proud of their hard work. It was lovely to see all of their excellent learning, well done Year 2!



Gold Awards

Name	Class	Reason
Axel	Nursery	For recognising the initial sounds in words when writing the initial sentence 'spider hatches from a egg'.
Chizaram	Nursery	For sharing with the class her experience of church and singing a hymn to everyone.
Max	Reception	For his amazing poem about dragonflies.
Grayson	Year 1	For an excellent writing assessment using question marks and exclamation marks correctly.
Oceane	Year 1	For always trying to be the best she can in reading.
Alicia	Year 2	For amazing contribution in all lessons.
Eda	Year 2	For fantastic effort and improvement in her writing.
Lila	Year 2	For being an amazing role model and a great helper this week.
Gabriella	Year 3	For leading stretches in PE and fantastic peer assessment.
Ryan X	Year 3	For fabulous improvement in his writing.
Ryan O and Juno	Year 3	For being a great partner work, particularly during maths lessons.
Daniel	Year 4	For having incredible manners: holding doors, always using please and thank you.
Alissa, Derek and Kiarah	Year 4	For amazing writing assessment using similes and amazing vocabulary to portray emotion.
Johanna	Year 5	For excellent writing in her writing assessment.
Kwame	Year 5	For fantastic effort in his writing.
Ife	Year 5	For consistently showing excellent listening and following instructions first time.
Ella and Livia	Year 6	For exceptional partner work and amazing collaborative writing.

Online Safety Tip

Using strong, unique passwords offers good online protection. Strong passwords should contain at least 12 symbols and feature a mixture of letters (upper and lower case), numbers, and special characters.

If you don't want to think of a combination of symbols for your password, you should try using one of the online password generators.

