DISHES AND THEIR ALLERGEN CONTENT – School Name: St John & St James' – SPRING Menu Week 1

DISHES						Lupin	Milk		MUSTARD			HSAW!		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacket Potato														
Tuna					YES									
Cheese							YES							
Baked Beans														
Sweet & Sour Chicken													YES	
Sweet & Sour Vegetable Medley													YES	
Rice													YES	
Beef Ragu														
Quorn Ragu		YES												
Spaghetti / Pasta		YES												
Jerk Chicken														
Jerk Halloumi							YES							
Jollof Rice														
Smoked Paprika Sweetcorn														
Fish Fingers		YES		YES			YES							
Veggie Fritters		YES					YES							
Vanilla Sponge		YES		YES			YES							
Custard		YES		YES			YES							
Shortbread Biscuits		YES		YES			YES							
Coleslaw				YES			YES							
Potato Salad				YES			YES							
Yoghurt														
Daily Bread		YES												

DISHES AND THEIR ALLERGEN CONTENT – School Name: St John & St James' – SPRING Menu Week 2

DISHES					A.	upin Flour	Milk		MUSTARD					Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chow Mein													YES	
Chicken Sausages														
Vegetarian Sausages		YES												
Onion Gravy														
Mash Potato							YES							
Chicken Curry														
Vegetable Curry														
B's Beef Stew														
B's Vegetable & Kidney Bean Stew														
Pitta Bread		YES					YES							
Fresh Fish				YES	YES									
Spiced Vegetable Patties		YES												
Apple Crumble		YES												
Raisin Cookies		YES		YES										
Custard		YES		YES			YES							
Coleslaw				YES			YES							
Potato Salad				YES			YES							
Yoghurt							YES							
Wholemeal Bread		YES												