## DISHES AND THEIR ALLERGEN CONTENT - School Name: St John \& St James' - SUMMER TERM Menu Week 1

| DISHES |  |  |  |  | $\overbrace{-1}^{\sqrt{1111}}$ |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Penne Pesto |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Bread |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Margarita Pizza |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweet Pepper Pizza |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Sausages |  | Yes |  |  |  |  |  |  |  |  |  |  |  | Yes |
| Vegetarian Sausages |  | Yes |  |  |  |  |  |  |  |  |  |  | Yes |  |
| Mashed Potato |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  |
| Jerk Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes |
| Jerk Halloumi |  |  |  |  |  |  | Yes |  |  |  |  |  |  | Yes |
| Jollof Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal Bread |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Panko Fish |  | Yes |  | Yes | Yes |  |  |  |  |  |  |  |  |  |
| Spiced Vegetable Patties | Yes | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Tartar Sauce |  |  |  | Yes |  |  |  |  |  |  |  |  |  | Yes |
| Shortbread Biscuits |  | Yes |  | Yes |  |  | Yes |  |  |  |  |  |  |  |
| Fruit Crumble |  | Yes |  | Yes |  |  | Yes |  |  |  |  |  |  |  |
| Yoghurt |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  |
| Vegetable Paste | Yes |  |  | Yes |  |  | Yes |  |  |  |  |  |  |  |

DISHES AND THEIR ALLERGEN CONTENT - School Name: St John \& St James' - SUMMER TERM Menu Week 2

| DISHES |  |  |  |  | 五苍 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Meatballs in Tomato Sauce |  | Yes |  |  |  |  |  |  |  |  |  |  |  | Yes |
| Spaghetti |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweet \& Sour Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes |
| Sweet \& Sour Tofu |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes |
| Sweet Potato, Pea \& Chickpea Curry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal Bread |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Fajitas |  |  |  |  |  |  |  |  |  |  |  |  |  | Yes |
| Halloumi Fajitas |  |  |  |  |  |  | Yes |  |  |  |  |  |  | Yes |
| Wholemeal Wrap |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish Pie |  | Yes |  | Yes | Yes |  |  |  |  |  |  |  |  |  |
| Sweet Potato \& Black Bean Cakes |  | Yes |  |  |  |  |  |  |  |  |  |  |  |  |
| Homebake Beans |  |  |  |  |  |  |  |  |  |  |  |  | Yes | Yes |
| Tartar Sauce |  |  |  | Yes |  |  |  |  |  |  |  |  | Yes | Yes |
| Carrot Cake |  | Yes |  | Yes |  |  | Yes |  |  |  |  |  |  |  |
| Hulk Cake |  | Yes |  | Yes |  |  | Yes |  |  |  |  |  |  |  |
| Yoghurt |  |  |  |  |  |  | Yes |  |  |  |  |  |  |  |
| Vegetable Paste | Yes |  |  | Yes |  |  | Yes |  |  |  |  |  |  |  |

