

WHAT'S FOR LUNCH?

Summer Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Penne Pesto GLUTEN (WHEAT)	Margarita Pizza GLUTEN (WHEAT)	Sausages with onions SULPHITES GLUTEN (WHEAT)	Jerk Chicken SULPHITES	Panko Crumbed Fresh Fish of the Day FISH, EGGS, GLUTEN (WHEAT)
MAIN (V)	As above	Sweet Pepper Pizza GLUTEN (WHEAT)	Vegetarian Sausages with onions GLUTEN (WHEAT) SOYA	Jerk Halloumi MILK & SULPHITES	Spiced Vegetable Patties CELERY, GLUTEN (WHEAT)
SIDES <small>Where main includes, portion will be offered as optional extra</small>	Garlic Bread GLUTEN (WHEAT)	Potato Wedges	Mashed Potato MILK	Jollof Rice Wholemeal Bread GLUTEN(WHEAT)	Skin on Chips with Tartar Sauce with Capers & Cornichon EGGS & SULPHITES
VEGETABLES	Honey Roasted Carrots	Corn on the Cob	Peas	Rosemary Roasted Broccoli	Crushed Peas
EXTRAS		Salad Bar Available Daily Tuesday = Shortbread Biscuits		Fresh Fruit Platter & Yoghurt Available Daily Wednesday = Fruit Crumble	



Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available

WHAT'S FOR LUNCH?

Summer Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Meatballs (V) in Tomato Sauce SOY & GLUTEN (WHEAT)	Sweet & Sour Chicken SULPHITES	Vegetable Curry	Chicken Fajitas SULPHITES	Panko Crumbed Fresh Fish of the Day FISH, EGGS, GLUTEN (WHEAT)
MAIN (V)	As above	Sweet & Sour Tofu SULPHITES	As above	Halloumi Fajitas MILK & SULPHITES	Sweet Potato & Black Bean Cakes GLUTEN(WHEAT)
SIDES <small>Where main includes, portion will be offered as optional extra</small>	Spaghetti GLUTEN (WHEAT)	White Basmati Rice	Brown Rice Wholemeal Bread GLUTEN (WHEAT)	Wholemeal Wrap GLUTEN (WHEAT)	Homemade Baked Beans & Tartar Sauce EGGS, SOY & SULPHITES
VEGETABLES	Green Beans	Steamed Broccoli	Curried Cauliflower	Smoked Paprika Sweet Corn	Minted Peas
EXTRAS		Salad Bar Available Daily Tuesday = Carrot Cake		Fresh Fruit Platter & Yoghurt Available Daily Wednesday = Hulk Cake	
			EGGS, MILK & GLUTEN(WHEAT)		



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