

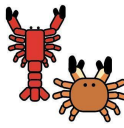
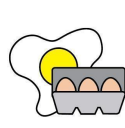
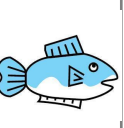
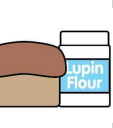










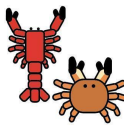
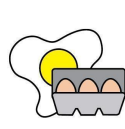
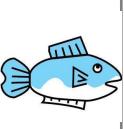




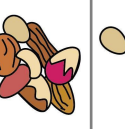
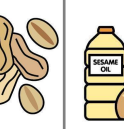
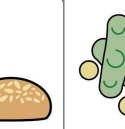
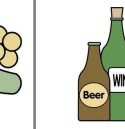



DISHES AND THEIR ALLERGEN CONTENT – School Name: St John & St James' – AUTUMN TERM Menu Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Pasta Bake	YES	YES												
Garlic Bread		YES												
Sweet & Sour Chicken	YES													YES
Sweet & Sour Vegetable Medley	YES													YES
Beef Stew	YES													
Vegetable Stew	YES													
Chicken Curry														YES
Vegetable Curry														YES
Panko Crumbed Fish		YES		YES	YES									
Spiced Vegetable Patties	YES	YES		YES										
Tartar Sauce				YES										YES
Rice Pudding							YES							
Shortbread Biscuits		YES		YES			YES							
Yogurt							YES							

DISHES AND THEIR ALLERGEN CONTENT – School Name: St John & St James' – AUTUMN TERM Menu Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sweet Potato, Pea & Chickpea Curry														
Beef Ragu		YES											YES	
Quorn Ragu		YES											YES	
Spaghetti		YES												
Vegetable Lasagne	YES													
Jerk Chicken														YES
Jerk Halloumi							YES							YES
Panko Crumbed Fish		YES		YES	YES									
Veggie Fritters	YES	YES		YES										
Tartar Sauce				YES										YES
Bread		YES												
Apple Crumble		YES					YES							
Raisin Cookies		YES		YES			YES							
Custard		YES		YES			YES							
Yogurt							YES							