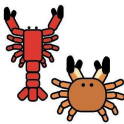
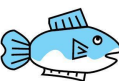
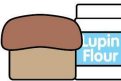
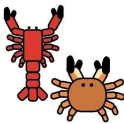
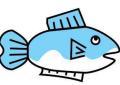
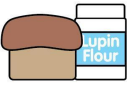


DISHES AND THEIR ALLERGEN CONTENT – School Name: St John & St James' – SPRING Menu Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Veggie Meatballs		YES		YES									YES	
Spaghetti or Pasta		YES												
Garlic Bread		YES		YES			YES							
Chicken Fajita									YES				YES	YES
Vegetable Fajita									YES				YES	YES
Plain Rice														
Tortilla Wraps		YES												
B's Beef Stew														
B's Vegetable & Kidney Bean Stew														
Roasted Potatoes														
Pitta Bread		YES		YES			YES						YES	
Jerk Chicken		YES											YES	YES
Jerk Halloumi		YES					YES						YES	YES
Jollof Rice		YES											YES	
Wholemeal Bread		YES												
Smoked Paprika Sweetcorn														
Fish Fingers		YES		YES	YES		YES							
Veggie Fritters		YES		YES										
Skin on Chips														
Mushy Peas														
Vanilla Sponge		YES		YES			YES							
Custard		YES		YES			YES							
Shortbread Biscuits		YES					YES							
Coleslaw				YES			YES		YES					
Potato Salad				YES			YES		YES					
Yoghurt							YES							

DISHES AND THEIR ALLERGEN CONTENT – School Name: St John & St James' – SPRING Menu Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pasta Bake		YES												
Garlic Bread		YES		YES			YES							
Chicken Sausages	YES	YES							YES					YES
Vegetarian Sausages		YES											YES	YES
Onion Gravy	YES	YES					YES						YES	
Mash Potato							YES							
BBQ Chicken														
BBQ Halloumi														
Jollof Rice		YES											YES	
Wholemeal Bread		YES												
Beef Ragu														YES
Quorn Ragu		YES		YES										YES
Spaghetti/Pasta		YES												
Fresh Fish		YES		YES	YES									
Spiced Vegetable Patties	YES	YES												
Chips														
Wholemeal Bread		YES												
Apple Crumble		YES		YES			YES							
Raisin Cookies		YES		YES			YES							
Custard		YES		YES			YES							
Coleslaw				YES			YES		YES					
Potato Salad				YES			YES		YES					
Yoghurt							YES							