

WHAT'S FOR LUNCH?

Summer Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Magharita Pizza GLUTEN (WHEAT) G: Gluten free alternative base	Beef Ragù SULPHITES	Jerk Chicken SULPHITES	Chicken Chow Mein EGG & GLUTEN (WHEAT) G: Rice Noodles alternative	Panko Crumbed Fresh Fish of the Day FISH, EGGS, GLUTEN (WHEAT) G: Plain Fish alternative
MAIN (V)	As above	Quorn Ragù EGG, GLUTEN (BARLEY) & SULPHITES	Jerk Halloumi MILK & SULPHITES	Vegetable Chow Mein	Veggie Fritters MILK, EGGS & GLUTEN (WHEAT)
SIDES Where main includes, portion will be offered as optional extra	Garlic Bread GLUTEN(WHEAT) G: Gluten free bread available	Spaghetti or Pasta GLUTEN (WHEAT) G: Gluten free available	Jollof Rice Wholemeal Bread GLUTEN(WHEAT) G: Gluten free bread available	Wholemeal Bread GLUTEN(WHEAT) G: Gluten free available	Skin on Chips <i>*Ketchup available</i> CELERY & SULPHUR
VEGETABLES	Corn on Cob	Broccoli	Cauliflower	Green Beans	Minted Peas
SALAD BAR	Salad bar available daily – includes freshly prepared salad, salad pickles, coleslaw, potato salad				
FRUIT	Fresh Fruit Platter available daily				
DESSERT	Sponge Cake - EGGS, GLUTEN (WHEAT) & MILK		Fruit Crumble - EGGS, MILK & GLUTEN(WHEAT) Yoghurt & Honey available daily- MILK		

Weeks Commencing:

Summer 1 = 13th, 27th April and 11th May

Summer 2 = 1st, 15th, 29th June and 13th July

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available for those with diagnosed allergies.

WHAT'S FOR LUNCH?

Summer Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Vegetable Curry	Chicken Fajitas SULPHITES	Jacket Potato	Chicken Kebabs	Panko Crumbed Fresh Fish of the Day FISH, EGGS, GLUTEN (WHEAT) G: Plain Fish alternative
MAIN (V)	As above	Halloumi Fajitas MILK & SULPHITES	As above	Halloumi & Vegetable Kebabs MILK	Veggie Fritters MILK, EGGS & GLUTEN (WHEAT)
SIDES Where main includes, portion will be offered as optional extra	Brown Rice Wholemeal Bread GLUTEN(WHEAT) G: Gluten free available	White Basmati Rice Wholemeal Wrap GLUTEN(WHEAT) G: Gluten free available	Tuna or cheese	Jollof Rice	Skin on Chips *Ketchup available CELERY & SULPHUR
VEGETABLES	Curried Cauliflower	Smoked Paprika Sweet Corn	Baked Beans GLUTEN (WHEAT) & FISH	Steamed Broccoli	Minted Peas
SALAD BAR	Salad bar available daily – includes freshly prepared salad, salad pickles, coleslaw, potato salad				
FRUIT	Fresh Fruit Platter available daily				
DESSERT	Carrot Cake -EGGS, GLUTEN (WHEAT) & MILK		Shortbread Biscuits-EGGS, MILK & GLUTEN(WHEAT) Yoghurt & Honey available daily -MILK		

Weeks Commencing:

Summer 1 = 20th April and 4th, 18th May

Summer 2 = 8th, 22nd June and 6th July

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available for those with diagnosed allergies.